

# CRAFT BOX

## MIX IT UP - ARMPIT FUDGE

This activity is for Scouts but any section or leaders could take part too !

### Scout Mix It Up Challenge

#### What you need:

- 400g Icing Sugar
- 25g Cocoa Powder
- 80g Butter
- 80g Condensed Milk
- ½ tsp Vanilla Extract
- Plastic Zip-Lock Bag
- Baking Tray lined with Greaseproof Paper



#### How to make it:

Fudge has never been so tasty or so much fun !

1. Put all the ingredients into a zip-lock bag, making sure that the butter is softened beforehand.
2. Put the bag into the armpit and squish it together until a dough-like consistency is formed.  
If the mixture is slightly too wet put more icing sugar into the bag.
3. Using your hands roll the fudge into balls and place on the baking tray.
4. Put the tray into the fridge to set and the fudge should be ready to eat within an hour.
5. Share with others and enjoy eating it as much as you enjoyed making it !

#### Get more Crafty:

What other ingredients could you add to make the fudge have a different flavour and texture ?  
Chopped Nuts... Chocolate Chips... Mini Marsh Mallows... Sugar-coated Sweets... Raisins & so much more...

#### Safety Notes:

**Scissors / Sharp Objects:** Supervise young people appropriately when they're using scissors. Store all sharp objects securely, out of the reach of young people.

**Food / Allergies:** Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods. All activities must be safely managed.

This activity along with some others that are shared at the BOX-JAM Jamboree was provided by Cherry, a leader at 12th Kings Lynn Scout Group and here is a Beaver from her Colony, showing us how to do it !

