

CRAFT BOX

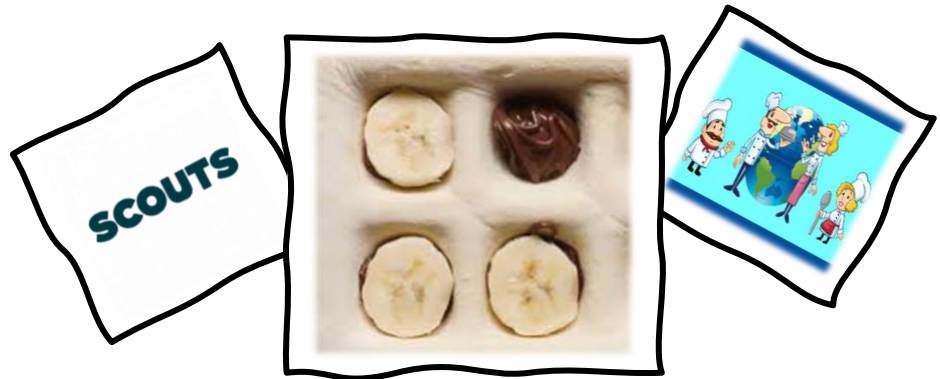
SWEET TREATS - ICE TRAY PUFFS

This activity is for Scouts
but any section or leaders
could take part too !

Scout Sweet Treat Challenge

What you need:

- Ice Cube Tray
- Ready Made Puff Pastry (in a roll)
- Chocolate Spread
- Banana
- Egg (for glazing or alternatively use milk)



How to make it:

This activity uses an ice cube tray to turn a campfire favourite (chocolate bananas) into a posh party food...

1. Carefully unroll the puff pastry (if it was stored in the freezer, make sure it is defrosted to avoid cracking).
2. Place half on top of an ice cube tray and gently push the pastry into the tray to form hollow cube shapes.
3. Half fill the pastry cubes with chocolate spread and put a slice of banana in each cube on top of the chocolate spread.
4. Brush the edges of the pastry with beaten egg.
5. Cover with the other half of the pastry, push down and carefully cut around the edge of the tray to remove any excess pastry (you can save this to use for making little pastry shapes to cook and eat).
6. Flip the tray over onto a greased baking sheet and remove the ice cube tray.
7. Brush all over the top with beaten egg.
8. Cook according to the instructions on the pastry packet or until golden brown in colour.
9. Cut into cubes and serve when still warm for best results, eat and enjoy !

Get more Crafty:

Why not create some "Savoury Ice Cube Tray Bites" too ?

- Cheese and tomato with a little dash of pickle
- Cooked mince beef and a slice of carrot

Safety Notes:

Scissors / Sharp Objects: Supervise young people appropriately when they're using knives. Store all sharp objects securely, out of the reach of young people.

Food / Allergies: Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods. All activities must be safely managed.

