

# PICNIC BOX

## FESTIVAL SAMOSAS

Watch the Shiny Kitchen Film for a Step-by-Step cooking tutorial with Zoe.



### Festival Samosas

#### Ingredients:

- 1tbsp Oil
  - ¼ Diced Sweet Potato
  - 3 tbsp Diced Carrot
  - 3 tbsp Diced Red Pepper
  - 3 tbsp Diced Onion
  - 2 tbsp Frozen Peas and or Sweetcorn
  - 1 tbsp Curry Powder
  - 1 tsp Ground Cumin
  - 1 tsp Garum Masala
  - Packet of Filo Pastry
  - Water
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- General Kitchen Equipment including a Baking Sheet lined with Baking Paper
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- Oven Temperature – 425 / 220 degrees or gas mark 7

#### Method:

Watch Zoe's video tutorial – [CLICK HERE](#)

**Food / Allergies:** Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods. All activities must be safely managed.

**Knives / Sharp Objects:** Supervise young people appropriately when using knives. Store all sharp objects securely.

**Hot Oven / Hotplates:** Supervise young people appropriately when using an oven or hotplates for cooking.

**Online Access:** Supervise young people when they're online and give them advice about staying safe.

