



# **Craft Box - Botanical Bookmarks**

This activity is for Beavers but any section or leaders could take part too !

#### What you need:

- Natural items (flowers, seeds or leaves)
- Bowl or bag
- Kitchen paper
- Coloured card
- Scissors
- Sticky-back plastic OR
- Laminating sheet & laminator
- Heavy microwave dish
- Microwave oven (or you can use a heavy book)

### How to make it:

- 1. Collect flowers, seeds and leaves from around the garden or local park using the bag or bowl.
- 2. Press the flowers by placing between sheets of kitchen paper, and put into the microwave with a heavy dish gently placed on top for 30 seconds to 1 minute or so per flower, depending on the size of the leaf or flower OR press using paper towel and a heavy book if prefered.
- 3. Cut the coloured card to the size you wish the bookmark to be (20cm x 6cm works well).
- 4. Lay the microwaved or pressed flowers and leavers to form a picture or pattern.
- 5. If using sticky-back plastic, cut a piece of plastic to fully enclose the bookmark and press the card and the plastic together well.
- 6. If using the laminator place the decorated coloured card inside the pouch and run through the laminator, making sure the items do not fall off the bookmark. If laminating more than one bookmark at a time in the same pouch, allow 1 cm around the bookmarks so there is space to cut up without damaging the seal of the lamination,

## Get more Crafty:

Why not put a smile on someone's face by making a bookmark for them as a random act of kindness for a family member, neighbour or friend.

You can add words or messages to the bookmark if you wish.

#### Safety Notes:

**Scissors / Sharp Objects:** Supervise young people appropriately when using scissors. Store all sharp objects securely, out of the reach of young people.

Gardening and Nature: Wash your hands after the activity has finished and wear gloves if needed.

