



Outdoor Box - Egg Shell Pips & Seeds

This activity is for Beavers
but any section or leaders
could take part too !

What you need:

- Eggs
- Potting compost
- Egg Box
- Seeds
- Water
- Permanent marker pen (optional)



How to make it:

Make sure there are no egg allergy risks before starting this activity.

1. Save eggshells from your breakfast (try to break just the tip of the shell off and pour out the egg if you can and then cook the eggs as scrambled or omelettes of your choice).
2. Fill the shell with potting soil and one seed.
Push the seed down into the soil, but not too deep.
3. Water the seeds and keep the soil moist (but not soaked).
4. Add faces to your egg shells if you want to or write on the name of the seed you have planted with the permanent marker pen.
5. Put them in the egg carton (as a holder) in a sunny window and watch them sprout!
6. When ready to plant, simply drop the entire egg into the soil - it will provide great nutrients and calcium for your plants.

Take it further:

You could take this activity to the next step by harvesting your own seeds from fruit such as Apples, Pears, Oranges, Dates, Avocados & other exotic fruits.

Safety Notes:

Scissors / Sharp Objects: Supervise young people appropriately when using knives.
Store all sharp objects securely, out of the reach of young people.

Food / Allergies: Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods. All activities must be safely managed.