



Picnic Box - Crispy Fridge Cake

This activity is for Cubs
but any section or leaders
could take part too !

What you need:

- 300g dark chocolate, broken into chunks
- 100g butter, diced
- 140g golden syrup
- 1 tsp vanilla extract
- 200g biscuit, roughly chopped
- 100g sultana
- 85g Rice Krispies
- 100-140g mini eggs (optional)
- 50g white chocolate, melted
- Basic kitchen equipment



How to make it:

1. Line a 20 x 30cm tin with baking parchment.
2. Melt the chocolate, butter and golden syrup in a bowl set over a pan of simmering water, stirring occasionally, (do not let the base of the bowl touch the water), until smooth and glossy.
3. Add the vanilla, biscuits, sultanas and Rice Krispies, and mix well until everything is coated.
4. Tip the mixture into the tin, then flatten it down with the back of a spoon.
5. Press in some mini eggs, if using, and put in the fridge until set.
6. When hard, drizzle all over with the melted white chocolate and set before cutting into chunks.

Get more Foody:

Get creative with your decorations.
Sprinkles, eggs, rabbits.

What can you come up with ?



Safety Notes:

Scissors / Sharp Objects: Supervise young people appropriately when using scissors and knives.
Store all sharp objects securely, out of the reach of young people.

Food / Allergies: Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods. All activities must be safely managed.

Hot Oven / Hotplates: Supervise young people appropriately when using an oven or hotplates for cooking.

Hot Water: This recipe uses very hot water, it is strongly advised that an adult is responsible for the boiling part.