



Picnic Box - Egg in Orange

This activity is for Cubs
but any section or leaders
could take part too !

What you need:

- Orange
- Egg
- Bacon
- Hot coals of a fire or BBQ
- Basic kitchen equipment



How to make it:

1. Cut off the tops of the oranges - same sort of height you might do a boiled egg.
2. Scoop out the flesh from the peel, leaving a hollowed out orange that the top will still sit on.
3. Line the bottom of the orange with the bacon.
4. Break the egg into the middle of the bacon.
5. Place the orange in the hot coals of the fire or on a BBQ.
6. Keep watching and remove from fire once egg is cooked.

This recipe can also be cooked / baked in an oven at gas mark 6, 200C or fan 180C.

Get more Foody:

Try using a potato instead.

Hollow out the centre of a potato and wrap in kitchen foil before putting on the fire.



Safety Notes:

Scissors / Sharp Objects: Supervise young people appropriately when using scissors and knives.
Store all sharp objects securely, out of the reach of young people.

Food / Allergies: Check for allergies before you begin. Make sure you have suitable areas for storing and preparing food and avoid cross contamination of different foods. All activities must be safely managed.

Hot Oven / Hotplates: Supervise young people appropriately when using an oven or hotplates for cooking.

Flame: Make sure anyone handling naked flames is doing so safely. Check that the equipment and area are suitable and have plenty of ventilation. Have a safe way to extinguish the fire in an emergency.