



Craft Box - Frozen Flowers

This activity is for Scouts
but any section or leaders
could take part too !

What you need:

- Flowers
- Bowl or bag
- Ice cube tray
- Water
- Jug
- A freezer or fridge freezer compartment
- Food colouring or glitter (optional)



How to make it:

The flowers take a few hours or preferably overnight to freeze.

1. Collect flowers, seeds and leaves from around the garden or local park using the bag or bowl.
2. Place the flowers into an ice cube tray (or if you don't have one you could use other very small containers that do not have any holes in).
3. Pour water over the flowers using the jug and gently press down with a finger tip to make sure the flower is submerged in the water fully.
4. (optional) Add extra decoration such as glitter or food colouring if you choose to.
5. Put in the freezer until completely solid.
6. Once set, pop the frozen flowers out and have a good look at the shapes and the colours of the flowers suspended in the ice.
How long before they melt...

Get more Crafty:

You could make a rainbow of frozen flowers.

What photographs could you take of the frozen flowers; can you make any special lighting effects or take pictures from different camera angles?

Safety Notes:

Gardening and Nature: Wash your hands after the activity has finished and wear gloves if needed.

DO NOT EAT or use these ice cubes in any drinks.